

Knee Sling Instructions

Follow steps 1-7 to attach knee sling to walker for right lower extremity.
Reverse and repeat steps 1-7 for left lower extremity.

Step 1. Adjust rolling walker so that when standing with arms at your side, the walker hand grips are at wrist level.



Step 2. Hold the knee sling with padding side facing up inside the walker with excess straps facing to the right.



Step 3. Take longest strap (one on each side of sling), pull over walker handle and attach to buckle located on the outside of the sling. Repeat for other side.



Step 4. Bring the horizontal strap around right front and back walker legs and connect.



Step 5. Adjust the knee sling height using the straps around the walker handles so the knee sling is at or slightly above your knee.

Step 6. Attach short tie down straps around horizontal walker brace for extra support.



Step 7. Tighten and secure all straps before use.

Reminders before use:

- Knee sling to be used with standard rolling walker only.
- Keep straps on walker handles at all times with your hands when operating.
- Periodically check strap tension and position with excess use.
- Do not use if there is noticeable fraying or tearing on fabric, stitching or straps.
- Instructions may be stored inside the knee sling for a quick reference.
- Weight capacity is 300 pounds.

Cleaning instructions: Disinfecting wipes may be used to clean knee sling device.